

[www.onsidesports.com.au](http://www.onsidesports.com.au)



**onsidesports**

TEAMWEAR & EQUIPMENT SPECIALISTS

ALPHA GEAR  
PORTABLE TRAINING DEFENDER

ALPHA GEAR

EVERYTHING  
**FOOTBALL**

INNOVATION. RANGE.  
QUALITY. PURPOSE.



## **INNOVATION.RANGE. QUALITY.PURPOSE. EVERYTHING FOOTBALL.**

Football is evolving at a pace never seen before. Every player must develop a good technical base before they are fast-tracked into other parts of the game. If you are not technically sound you will never reach your full potential. Some players are gifted naturally, some have to work harder, however whether it be technique of touch, technique of pass, technique of finish or technique of awareness, a strong technical base is imperative in the modern game. ALPHA Group's sole focus is to ensure all developing players are exposed to the world's best training aids and equipment. Our global network of brands are used at top flight clubs. The new range of training equipment and portable goals has many years of history, trial, development and dedication to ensure that ALPHA Group continue to bring you the best, well rounded gear available.

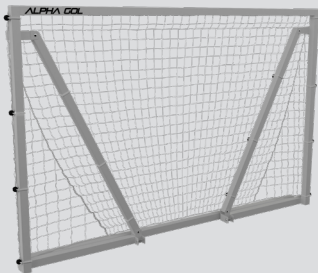
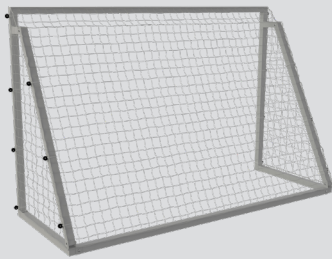
**ALPHA Gear – With You Every Session!**

**GOALS**

**NEW**

# **PORTABLE ALUMINIUM MATCH GOAL**

Strongest Portable  
Goal Available



## FEATURES

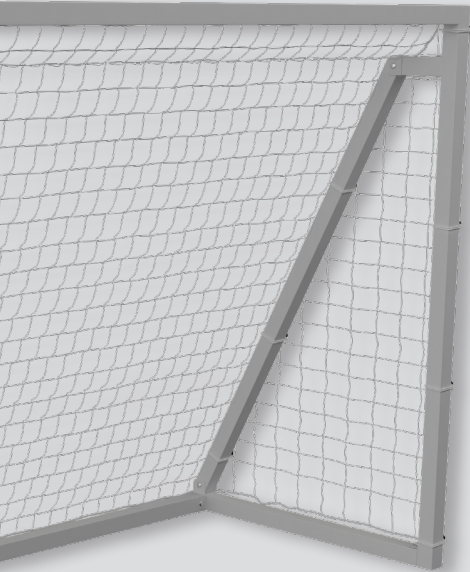
- Newly Designed in Australia
- Aluminium Solid Frame Construction
- Comes with Carry Bags
- Match Quality Net Included
- Quick Set Up and Release Net Bungee
- Rubber Feet Attached for Indoor Use
- Fold and Play in 60 Seconds
- Bag to Play in 4 Minutes

### SIZES:

3m x 2m

5m x 2m

Full Size 7.3m x 2.4m



CARRY BAG



RUBBER FEET



ALUMINIUM  
CONSTRUCTION



**GOALS**

# ALPHA GOL – **ALUMINIUM FOLDING GOAL**

**NOW  
AVAILABLE**  
in **4**  
sizes



**ALUMINIUM  
CONSTRUCTION**

## FEATURES

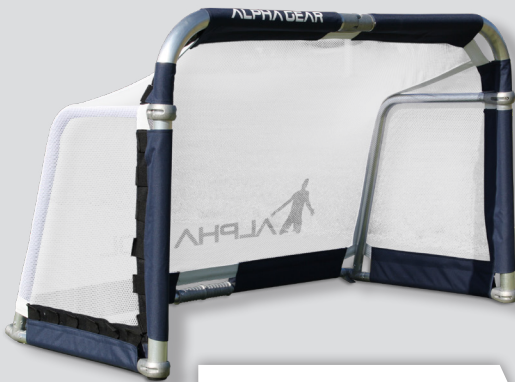
4ft x 2.5ft (1.2m x 0.75m)

5ft x 3ft (1.5m x 0.9m)

6ft x 4ft (1.8m x 1.2m)

6.5ft x 3.5ft (2m x 1m)

- Aluminium Construction
- Sets Up in Less than 10 Seconds
- Packs Flat for Easy Storage
- Heavy Duty Construction & Light Weight (6ft 15Kg – 5ft 12Kg – 4ft 7Kg)
- Aluminium Goal sits above the pack for portable soccer goals.
- Constructed with heavy duty aluminium tubing and joints allows the ALPHA GOL to be light weight and durable withstand heavy use, day in, day out!



## CUSTOM NETTING AVAILABLE



# ALPHA GOL **FLEX ELITE**



The all new **ALPHA GOL Flex Elite** joins the Portable Elite Goal Range. Sets up in minutes and is ideal for all skill levels and age groups – from youth to senior training or match – for indoor use or outdoor on grass or artificial. The weighted base makes the ALPHA GOL Flex Elite ideal for all surfaces.

## FEATURES

- Available in 2m x 1m / 3m x 2m FUTSAL / 5m x 2m / Full Size 7,3 x 2,4
- Durable Bungee Connected Base
- Rubber Feet added for Stability and Floor Protection for Indoor Use
- Heavy Duty Net with Base Wrap
- Box Net Set Up
- Heavy Duty Fibreglass Rods
- Carry Bag Included





# ALPHA GEAR BOUNDARY NET



The all new and versatile **ALPHA GEAR Boundary net**. Measuring 5.5m Wide x 3.0m High allow you to place it behind a goal for training to stop balls from running away from the session, use to divide up small sided games or even in your backyard to stop balls from hitting unwanted areas.

## FEATURES

- Fully Portable 5.5m x 3.0m Boundary Net
- Sturdy Base with Rubber Feet for Indoor use
- Set up in a few minutes
- Heavy Duty Powered Coated Base with Fibre Rods



# QUICKPLAY uPVC MATCH FOLD GOAL

## FEATURES

- Pre attached poles, no need for instructions
- Back tension bars are heavy duty aluminum construction
- Folds flat for storage then sets up in only 30 seconds
- Pro Standard durability
- All Weather UPVC
- No sag cross bar with thickest UPVC at 75mm
- Carry bag included
- Sizes Available:  
2.4m x 1.4m, 3m x 2m, 3.6m x 1.8m,  
5m x 2m Approx. Size



## GOALS

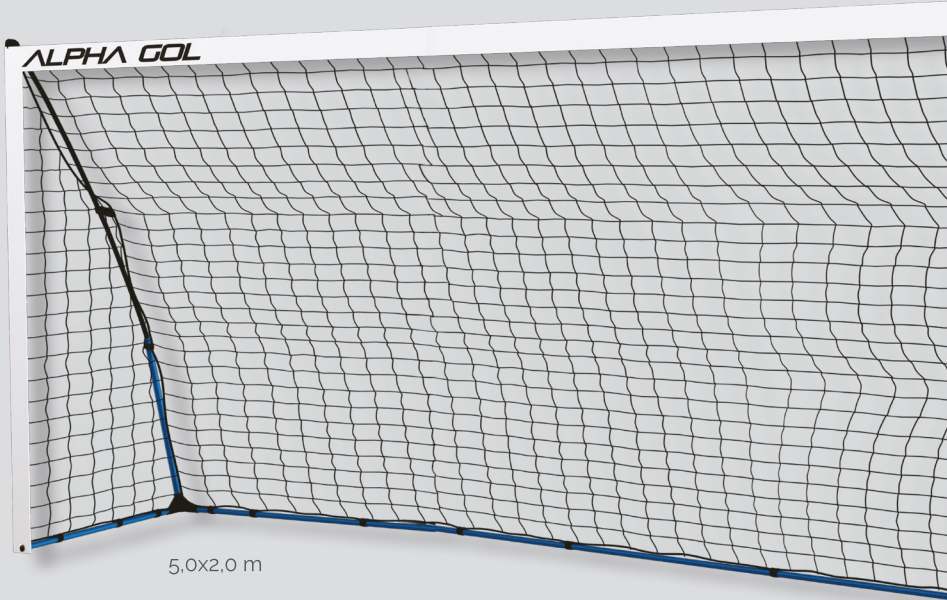


ALL WEATHER  
UPVC



CARRY BAG

# ALPHA GOL FLEX



SPIKES  
INCLUDED



CARRY BAG



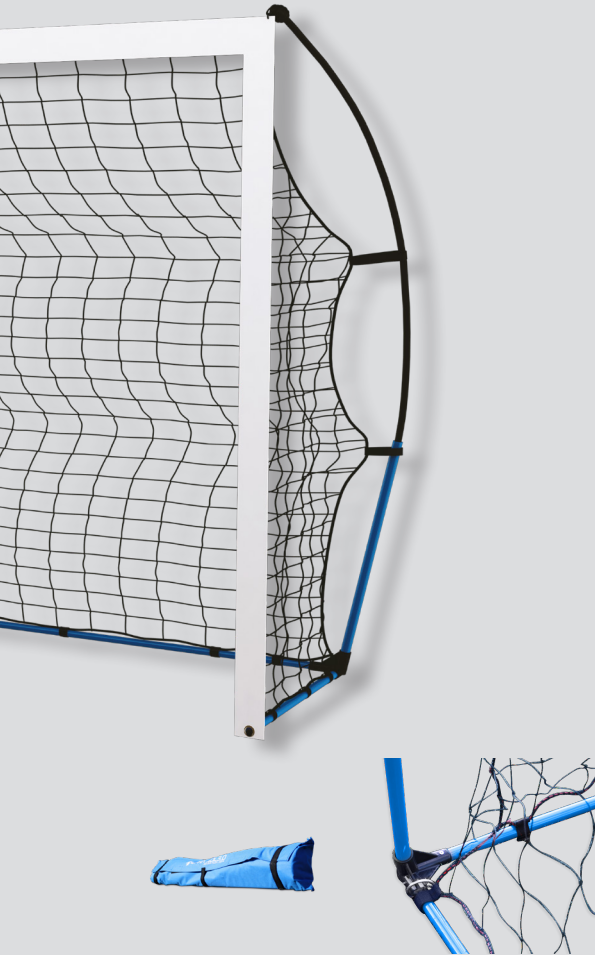
SET UP  
120s



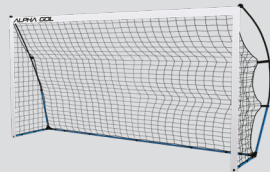
DURABLE  
MATERIALS

## FEATURES

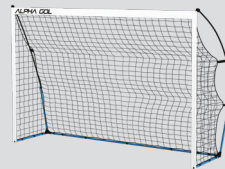
- New and Improved Design Ready for Training or Match
- Safe Uprights and Cross Bar
- Sturdy Standing Design with Heavy Duty Grass Anchors
- Each Goal Fits Perfectly in a Heavy Duty Carry Bag
- Match Quality Net



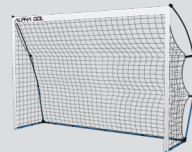
3,6x1,8 m



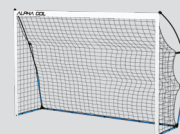
3,0x2,0 m



2,0x1,0 m



1,8x1,2 m





# Round Pop Up Goals (Pair)



## SIZES

- 2.5Ft Round Measures 30" Wide | 20" High | 20" Deep
- 4Ft Round Measures 48" Wide | 32" High | 32" Deep
- 6Ft Round Measures 72" Wide | 42" High | 42" Deep  
Deep - 183cm Wide | 108cm High | 108cm Deep





## Square Pop Up Goals (Pair)

### SIZES

- 3Ft Square Measures 37" Wide | 30" High | 30" Deep
- 4Ft Square Measures 48" Wide | 37" High | 37" Deep
- 5Ft Square Measures 60" Wide | 40" High | 40" Deep
- 2x1m Square Measures 79" Wide | 40" High | 40" Deep







# BAZOOKAGOAL™



# THE MOST PORTABLE

## just add ball

NOW AVAILABLE IN AUSTRALIA

# THE BEST

used by the worlds best academies & clubs



SET UP SIZE – 120cm x 75cm  
PACKED AWAY SIZE – 145cm x 10cm

# THE TOUGHEST

## worlds first solid frame pop up goal

OUR AWARDS:



# ALPHA GEAR

WWW.ALPHAELITEGEAR.COM.AU  
INFO@ALPHAELITEGEAR.COM.AU

## EQUIPMENT BAG

### FEATURES

- Over Sized Bag 105cm x 55m x 40cm Approx.
- Sturdy Rear Rails
- Easy Roll Wheels
- Quick Access Pockets
- Long Side Pockets for Poles

The ALPHA Gear Equipment Bag is a strategically designed bag with a coach in mind. Designed with several compartments to better store and transport all your gear. No more making multiple trips to the field to set up all your gear.



## ALUMINIUM BALL CART

### FEATURES

- Full Portable with 10 Second Set Up
- Heavy Duty Wheels with Stoppers
- Aluminium Construction
- 600D Heavy Duty Bag
- Customizable

The New ALPHA Gear Aluminium Ball cart is designed and constructed with durability and functionality in mind. Not only does it hold up to 20 size 5 balls comfortably, it has a durable mesh zipped lid to allow the balls to breath. The ball cart is also equipped with versatile metal D shaped brackets to clip and hold other training items.



NEW

# 4 Pack of Sand Bags



WATERPROOF

## FEATURES

- 4 Pack of High Quality Sand Bags
- Dual Seal for Long Term Sand Retention
- Hi Quality Water Proof Material
- 6,5Kg Weight When Filled

# GOAL NETS

## in Carry Bag



### FEATURES

#### PAIR of 3m x 2m

- High quality pair of goal net
- 3m x 2m nets in a heavy duty carry bag.
- 3m (w) x 2m (h) x 1.25m (d)
- 3mm Hand Knotted Heavy Duty Net

#### PAIR of 5m x 2m

- High quality pair of goal nets.
- 5m x 2m nets in a heavy duty carry bag.
- 5m (w) x 2m (h) x 1.25m (d)
- 3mm Hand Knotted Heavy Duty Nets

#### PAIR 7.3m X 2.4m FULL SIZE GOAL NETS

- High quality pair of goal nets
- 7.3m x 2.4m nets in a heavy duty carry bag. Will fit any standard in ground goals or "P" Shaped Goals
- 4mm Hand Knotted Heavy Duty Net



# QUICKPLAY TARGET NET



## AVAILABLE IN



## CARRY BAG



## LOOP RETURN

## FEATURES

- Available in 3 Sizes 3m – 5m – Full Size
- Target Pockets with Colours for Cognitive Training
- Pockets Catch Ball, so no need for a goal net
- Carry Bag Included
- Quick Set Up Bungee Cords Included Loop Return
- Bag to Play in 2 Minutes

# QUICKPLAY **SPOT** **ELITE REBOUNDER**

AVAILABLE IN



LOOP RETURN



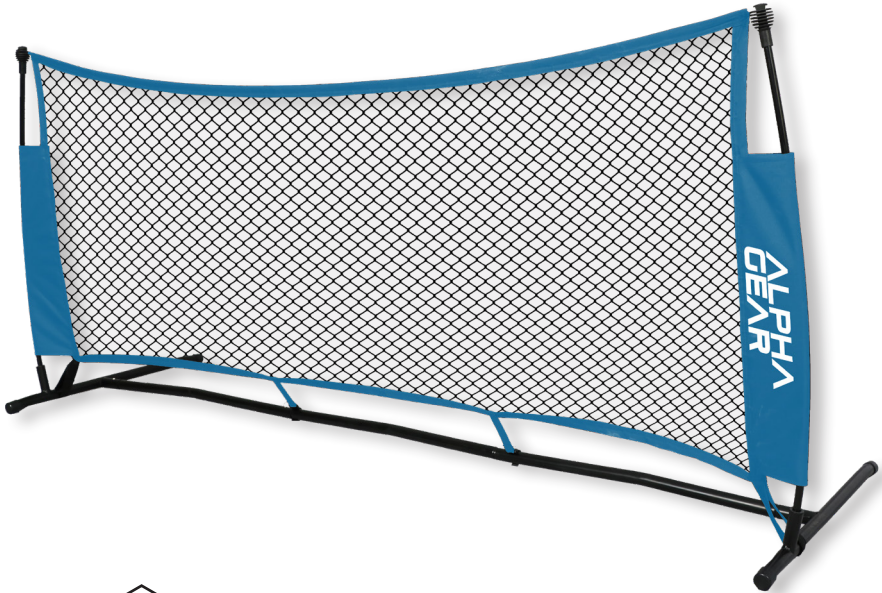
## FEATURES

- Available in 2 Sizes – 1.5m x 1.0m | 2.4m x 1.8m
- Weighted Base for All Surface Play
- Loop Return Technology
- Bag to Play in 2 Minutes

**REBOUNDER**

**NEW**

# ALPHA GEAR **Portable Rebounder**



SET UP  
**60s**

METAL  
JOINTS

▲  
1.8x0.9m  
▼

## FEATURES

- Portable Rebounder 1.8m x 0.9m
- From Carry Bag to Play in 60 Seconds
- Metal Joints and Base Contraction
- Perfect for Backyard, Park or Team Training



# The ALPHA Gear **DUO REBOUNDER**



**120**  
sec



## FEATURES

- Bag to Play in 90 seconds
- All Metal Base
- Hi Density FLEX Rods
- Loop Return 2m wide x 1.1m High
- Ground Ball Return 2.0m x 50cm

**The ALPHA Gear DUO Rebounder** is an ideal training tool for any player of any skill level. One side is designed to give a perfect ground ball return, and the other side is designed to give a loop ball return. Both ball returning systems mimic real game play situations, so you are ready to control and move, preparing you for any game day situation.

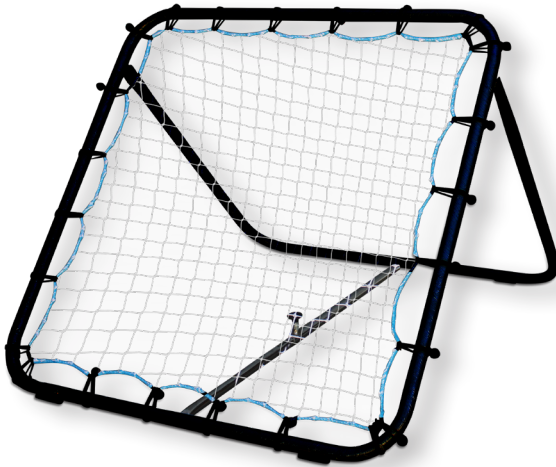




## **ELITE HAND REBOUNDER**

80 X 80CM

- 80cm x 80cm Rebound Area
- Pre-Assembled Steel Tubing
- High Tensile Rebound Area
- 2 x Handles



## **ELITE REBOUNDER**

1.1 X 1.1M

- 1.1m x 1.1m Rebound Area
- Pre-Assembled Steel Tubing
- Rubber Pads for all Surface Play
- 5 x Angle Adjustments
- Perfect for Any Player, Age or Level



### 3M SOCCER TENNIS NET

- All surface base
- 2m wide x 80cm high
- Set up and pack away in minutes
- Durable carry bag

# GIOCA

'TOUCH'



Cord is adjustable to suit any age

GIOCA Touch will suit any age or skill level

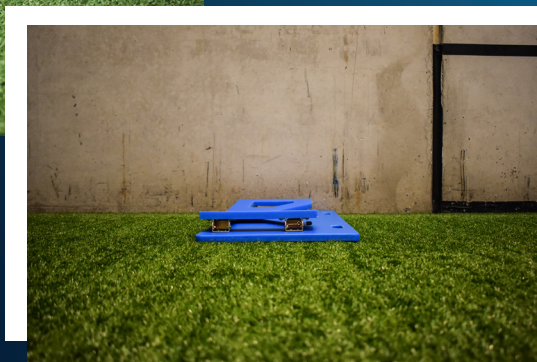
Perfect bit of kit for any player wanting to improve all fundamentals of football

Touch, Control, Balance, Foot Placement, Striking Technique, Juggling and much More

Have 100's of touches every training session, and no more running after the ball!!!!



## REBOUNDER



### FEATURES

- 1m x 40cm
- 11kg Total Weight
- High Quality All Weather Material Rear
- Leg Hinge for Packing Flat

**The ALPHA Gear 1m x 40cm High Quality Passing wall** is a must have tool for all round development. Work it in to passing, shooting and even agility drills to ensure the ball is always involved. Great for team and solo development. Made of high quality, all weather materials to ensure the long term and durability.

# The New ALPHA Gear Top Bin Targets



## FEATURES

- Easy SET UP on Any Rigid Cross Bar
- Ideal for Any Size Goal
- Assist with Developing Shooting Precision
- Sets up in Seconds
- Comes with Carry Bag

## The New ALPHA Gear Top Bin Targets

are a fast, fun and effective way of honing in on your shooting accuracy on any size goal. Whether it is a FUTSAL Goal or a Full Size Goal, simply strap the TOP BIN TARGETS anywhere along the cross bar in seconds for hours of development!

# ALPHA GEAR TARGET NET

The ALPHA Gear Equipment Target Net is a portable front net solution for your goal. Easily straps to any 3m x 2m (Futsal) 5m x 2m or Full Size Goal and allows you to hone in on the areas that will increase your chance of scoring.

The pockets ensure that you will never need to set up a goal net as when you score, the oversized pockets will collect and hold the ball. Perfect for highly repetitive training!



## FEATURES

- Comes with High Quality Carry Bag
- White Pockets Highlight Scoring Areas
- Easy Set Up and Pack Away



Available in  
3m x 2m // 5m x 2m // Full Size

# airgoal



*Quality. Speed. Safety. Performance.*

**2.0M X 1.0M | 3.0M X 2.0M | 5.0M X 2.0M | 7.3M X 2.4M FULL SIZE**

AIRGOAL20

AIRGOAL30

AIRGOAL50

AIRGOAL73

ALPHA Gear now offering AirGoal. The biggest improvement we have seen to the portable goal and we will probably see. The AirGoal is a one piece goal that uses multi layer material piping that is light weight and extremely strong.

Inflate, set up and play in minutes.

Perfect for MiniRoos Small Sided Games,  
All levels of training and all game situations.

# INFLATABLE AIR D – MANNEQUIN

INFLATDMANADLT

ALPHA GEAR IS ONCE AGAIN A STEP AHEAD OF INNOVATION AND TECHNOLOGY. THIS UNIQUE DEFENCE MANNEQUIN IS BEST IN ITS CLASS WHEN TRYING TO REPLICATE A DEFENDER IN A FREE KICK WALL, GOAL KEEPER TRAINING DRILLS AND EVEN BALL AND SPEED TRAINING.



Available in 1.6m and 1.8m heights – Singles or Pack of 4

Inflates in less than 10 seconds

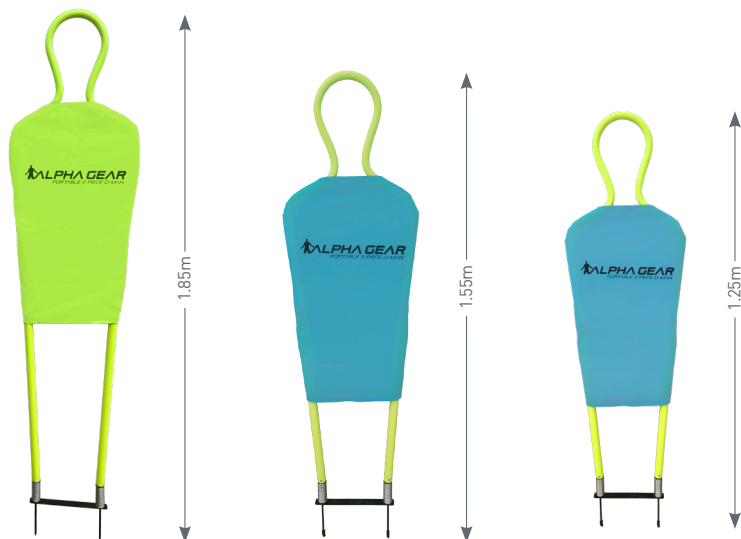
Fill base with a few litres of water for sturdy and self-balancing features

Durable Shell with 2 Carry Handles for easy movability during play

Deflate and Transport like no other defence mannequin



# ALPHA GEAR 2 PIECE DMAN



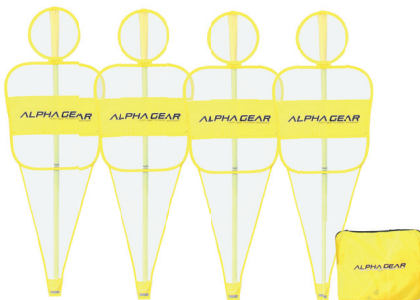
Bag sold separately

## FEATURES

- 2 piece design making it Fully Portable
- set up at 1.65m or 1.85m
- 2 x colour bodies included (Blue and Yellow)
- heavy duty uPVC construction with spring base
- ideal for freekicks and other training drills

Sold Separately

# ALPHA GEAR PORTABLE DEFENDER BODIES 4 PACK



AVAILABLE  
IN BLUE & YELLOW

## FEATURES

- 1.5m x 0.5m
- 4 bodies
- Carry bag

**PARTNER WITH AGILITY POLES  
TO CREATE PROFESSIONAL  
DEFENSIVE MANNEQUINS**

## SPEED AND AGILITY

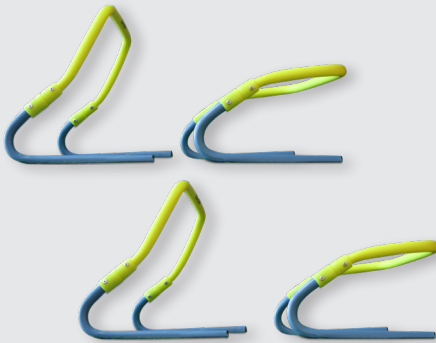


### **RIBBON**

#### HURDLES 4 PACK

- Pack of 4 with quick release carry strap
- Bounce-back construction
- Superior, one-piece twist design
- Lightweight, durable and easy to store

AVAILABLE IN 6" - 9" & 12"

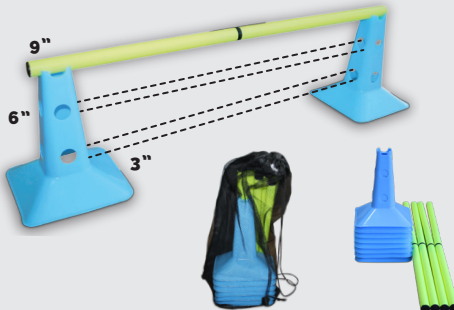


### **ADJUSTABLE**

#### HURDLE 4 PACK

- Durable Construction
- Hinge Design That Packs Flat
- Durable and Convenient Carry Bag
- 2 Hurdles are Yellow Top with Blue Base and 2 Hurdles are Blue Top with Yellow Base
- Easy To Store and Transport

AVAILABLE IN 6" & 12"



### **ELITE** AGILITY HURDLES

- Use Each Item Separately or Together to Make 3", 6" or 9" Hurdle
- Comes with 8 Pack of Tall Highly Visible Pyramid Markers and 4 Pack of 30 Inch Poles
- Quick and easy to set-up and transport in the bonus Carry Bag
- Hi Vis Agility Markers | Mini Poles | Height Adjustable Hurdles – All in One Bag
- One of the most Versatile Training Tools Available

## SPEED AND AGILITY



### SPRING SPEED & AGILITY POLE – 4 PACK

- 5Ft High 2 Piece Poles
- 29mm Thick Quality PVC
- Elevated Springs
- Tread Design Pre-Attached
- Easy Carry Solution

COME IN YELLOW AND BLUE



### SPEED & AGILITY POLES – 4 PACK

- 5Ft High 2 Piece Poles
- 29mm Thick Quality PVC
- Tread Design Pre-Attached
- Easy Carry Solution

COME IN YELLOW AND BLUE



### TURF BASE SPEED & AGILITY POLE – 4 PACK

- 4 Pack of 5Ft Tall 2 Piece Speed and Agility Poles
- 4 x Rubber Turf Bases
- 25mm Thick Quality PVC Material
- Tread Design with Pre Attached Technology
- Durable and Inner Lined Carry Bag

COMES IN HIGH VIABILITY YELLOW

## ACCESSORIES



### ALPHA GEAR PERSONALISE WATER BOTTLE

ALPHA Gear BPA Free water bottle has you staying hydrated during training or games. The water retention puff valve spout ensures superior water flow. The Personalise ID print allows you to colour in the print to expose your player number, so your bottle stands out pitch side.

- Colour in to Expose Your Player Number
- Capacity: 600mL
- Colour: Black with Black Rubber Grip
- BPA free
- Ergonomic design
- Leakproof
- High flow puff valve spout
- Materials: Polyethylene, rubber
- Dishwasher safe

### LADDER

- 4 meters long
- high visibility

- durable nylon straps for long lasting
- D-Clip design for grass spikes. Minimize tangles



### ALPHA SAQ TWIN LADDER PACK

- 2x2 meters or connect to make a 4 meter Ladder
- high visibility
- durable nylon straps



### PASSING ARC TWIN PACK

- Develop Passing, Shooting and Dribbling Skills
- Can be used as Hurdles
- Twin Pack with Carry Strap
- Great for 1 v 1 Games



**BOTTLE CARRIER**

8 DRINK

- hold and carry up to 8 drink bottles
- durable construction
- hinge design that packs flat



**TRADITIONAL CONES 25PK**

WITH CARRY STRAP



**TRADITIONAL CONES 10PK**

## ACCESSORIES



### **JUMBO CONE 8 PACK** WITH CARRY STRAP

Available in Yellow  
Blue 8pk or White  
Pink 8Pk



### **MARKER CONES**

- New Flat Design is Less Impeding During Agility and Ball Drills
- Available in 5 Hi-Vis Colours. White, Orange, Pink, Yellow, Blue



### **RUBBER DOT MARKERS**

10 PACK

- Pack of 10 Rubber Dot Markers in Carry Bag
- Highly visible colours used – Yellow – Blue – Pink
- Heavy Composite Rubber for Durability and Performance
- Non Slip on Indoor Surfaces



### **PYRAMID 6 PACK** 9 INCH

- 9 INCH Perfect hi-vis Marker
- Holes in the hat are to place an agility pole to create 3 different height agility hurdles. 3" - 6" and 9"



### **6 PACK OF RUBBER LINES**

- 6 Pack of Rubber Line Markers in Carry Bag
- Non Slip High Quality Compound
- Use for Speed & Agility Drills, Ball Drills or Field Marking
- High Visibility Yellow



### **4 PACK OF RUBBER ANGLES**

- 4 Pack of Rubber Line Markers in Carry Bag
- Non Slip High Quality Compound
- Use for Speed & Agility Drills, Ball Drills or Field Marking
- High Visibility Yellow



# GIOCA GRIPS



**TRACTION PADS TO  
LOCK IN YOUR  
FOOT IN YOUR BOOT**

**NO MORE SLIPPING OR  
SLIDING IN YOUR BOOT**

**MID-CUSHIONED SOLE THAT  
DELIVERS ALL ROUND COMFORT**

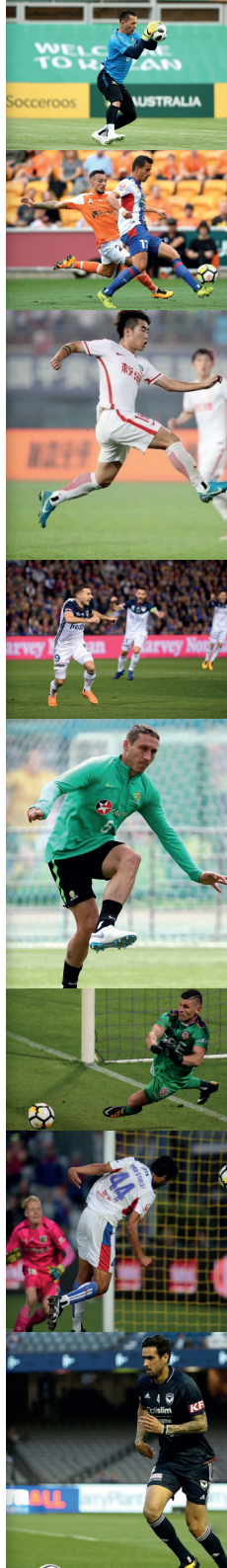


GIOCA Grips Performance Socks have pads that are designed to create optimum stability for every athlete. GIOCA Grips Performance socks allows every athlete in any sport to improve from the base up!

**WORN BY MANY  
PROFESSION PLAYERS**

No slipping or sliding within your boots while improving all round player comfort and performance.

GIOCA Grips have a Mid-Cushioned sole that delivers all round comfort. Ribbed construction with mesh ventilation panels. No More Slipping in Your Boots - Improve All Round Athlete Mobility





## WORN BY LIAM REDDY

PROFESSIONAL ATHLETE

### GIOCA GK HYBRID

- Mix of roll finger and negative cut
- Black on black design
- 4mm super grip German latex palm
- Latex backhand
- Backhand Punch zone and vent panelling



## WORN BY DEAN BOUZA NIS

PROFESSIONAL ATHLETE

### GIOCA GK HYBRID X

- 4mm High Performance German Latex
- Longer Cut Design
- Hybrid Palms (Roll Finger and Flat) for Complete Contact
- Latex Thumb Wrap
- Pull On Assist Tabs
- 3D Punch Zone



## NEO HYBRID

- High Density Neoprene Backhand
- 4mm High Performance German Latex
- Hybrid Palms (Roll Finger and Negative)
- Latex Thumb Wrap
- Pull On Assist Tabs



## GIOCA GK ALL ROUNDER

- Black on Black design
- 3mm super grip latex palm
- Grip thumb wrap
- Protective wrist strap

## GIOCA GK FINGER SAVE

- Black on Black design
- 3mm super grip latex palm
- Grip thumb wrap
- Protective wrist strap
- Finger save spines



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www.onsidesports.com.au Phone: 1300 554 336

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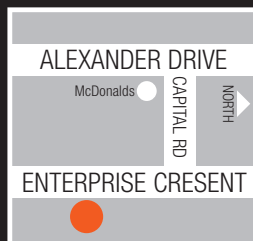


**Malaga Caesar 0412 128 131**  
**C/Vale Montell 0425 178 116**

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**SHOP ONLINE** [www.onsidesports.com.au](http://www.onsidesports.com.au)  
**In store pick up and delivery available**

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### Malaga Store (North)

A: 22 Enterprise Cres, Malaga WA 6090  
P: 08 9248 6677 M: 0412 128 131  
E: [sales@onsidesports.com.au](mailto:sales@onsidesports.com.au)  
W: [www.onsidesports.com.au](http://www.onsidesports.com.au)

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### Canning Vale Store (South)

A: U1-257 Bannister Road, Canning Vale WA 6155  
P: 08 6143 3482 M: 0425 178 116  
E: [canningvale@onsidesports.com.au](mailto:canningvale@onsidesports.com.au)  
W: [www.onsidesports.com.au](http://www.onsidesports.com.au)